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| --- | --- | --- | --- | --- | --- | --- |
| **Year** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **EYFS** | Gymnastics  | Dance  | Gymnastics | Ball skills using our feet. | Sports Day focus work – teamwork, gross motor skills, collaboration, running, balancing  | Ball skills with hands* Throwing
* Catching
 |
| **Y1** | **Indoor** Gymnastics **Outdoor**Fundamental Movements 1  | **Indoor** Target Games 2**Outdoor** Fundamental Movements 2 | **Indoor** Dance**Outdoor**Invasion Games Skills 1  | **Indoor** Gymnastics **Outdoor** Net and Wall Game 1  | **Indoor** Dance **Outdoor**  Athletics 2  | **Indoor** Gymnastics **Outdoor** Striking and Fielding Games Skills 1  |
| **Y2** | **Indoor** Gymnastics **Outdoor** Fundamental Movement 3  | **Indoor** Dance **Outdoor**Target Games 3  | **Indoor** Dance **Outdoor** Invasion Game Skills 2  | **Indoor** Gymnastics **Outdoor** Net and Wall Game Skills 2  | **Indoor** Gymnastics **Outdoor** Athletics 2  | **Indoor** Dance **Outdoor** Striking and Fielding Games Skills 2  |
| **Y3** | **Indoor** Gymnastics **Outdoor** Football | **Indoor** Health and related fitness **Outdoor** OAA | **Indoor** Gymnastics **Outdoor** Tag rugby  | **Indoor** Dance**Outdoor** Dodgeball  | **Indoor** Gymnastics **Outdoor** Athletics  | **Indoor** Gymnastic equipment**Outdoor** Cricket  |
| **Y4** | **Indoor** Gymnastics **Outdoor** Football**Swimming** | **Indoor** Health Related Fitness **Outdoor** OAA**Swimming** | **Indoor** Gymnastics **Outdoor** Tag Rugby**Swimming** | **Indoor** Dance **Outdoor** Dodgeball**Swimming**   | **Indoor** Gymnastics **Outdoor** Athletics**Swimming**  | **Indoor** Gymnastic equipment**Outdoor** Cricket |
| **Y5** | **Indoor** Gymnastics **Outdoor**Football | **Indoor** Health Related Fitness **Outdoor**OAA | **Indoor** Gymnastics**Outdoor**Tag Rugby | **Indoor** Dance **Outdoor**Dodgeball | **Indoor** Gymnastics **Outdoor**Athletics | **Indoor** Gymnastic equipment**Outdoor**Cricket |
| **Y6** | **Indoor** Gymnastics **Outdoor** Football | **Indoor** Health Related Fitness **Outdoor** OAA | **Indoor** Gymnastics **Outdoor** Tag Rugby | **Indoor** Dance**Outdoor**Dodgeball | **Indoor** Gymnastics**Outdoor**Athletics | **Indoor** Gymnastic Equipment**Outdoor** Cricket**Swimming** |