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| **Year** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **EYFS** | Gymnastics | Dance | Gymnastics | Ball skills using our feet. | Sports Day focus work – teamwork, gross motor skills, collaboration, running, balancing | Ball skills with hands   * Throwing * Catching |
| **Y1** | **Indoor**  Gymnastics  **Outdoor**  Fundamental Movements 1 | **Indoor**  Target Games 2  **Outdoor** Fundamental Movements 2 | **Indoor**  Dance  **Outdoor**  Invasion Games Skills 1 | **Indoor**  Gymnastics  **Outdoor**  Net and Wall Game 1 | **Indoor**  Dance  **Outdoor**  Athletics 2 | **Indoor**  Gymnastics  **Outdoor**  Striking and Fielding Games Skills 1 |
| **Y2** | **Indoor**  Gymnastics  **Outdoor** Fundamental Movement 3 | **Indoor**  Dance  **Outdoor**  Target Games 3 | **Indoor**  Dance  **Outdoor**  Invasion Game Skills 2 | **Indoor**  Gymnastics  **Outdoor**  Net and Wall Game Skills 2 | **Indoor**  Gymnastics  **Outdoor**  Athletics 2 | **Indoor**  Dance  **Outdoor**  Striking and Fielding Games Skills 2 |
| **Y3** | **Indoor**  Gymnastics  **Outdoor**  Football | **Indoor**  Health and related fitness  **Outdoor**  OAA | **Indoor**  Gymnastics  **Outdoor**  Tag rugby | **Indoor**  Dance  **Outdoor** Dodgeball | **Indoor**  Gymnastics  **Outdoor**  Athletics | **Indoor**  Gymnastic equipment  **Outdoor**  Cricket |
| **Y4** | **Indoor**  Gymnastics  **Outdoor**  Football  **Swimming** | **Indoor**  Health Related Fitness  **Outdoor**  OAA  **Swimming** | **Indoor**  Gymnastics  **Outdoor**  Tag Rugby  **Swimming** | **Indoor**  Dance  **Outdoor** Dodgeball  **Swimming** | **Indoor**  Gymnastics  **Outdoor**  Athletics  **Swimming** | **Indoor**  Gymnastic equipment  **Outdoor**  Cricket |
| **Y5** | **Indoor**  Gymnastics  **Outdoor**  Football | **Indoor**  Health Related Fitness  **Outdoor**  OAA | **Indoor**  Gymnastics  **Outdoor**  Tag Rugby | **Indoor**  Dance  **Outdoor**  Dodgeball | **Indoor**  Gymnastics  **Outdoor**  Athletics | **Indoor**  Gymnastic equipment  **Outdoor**  Cricket |
| **Y6** | **Indoor**  Gymnastics  **Outdoor**  Football | **Indoor**  Health Related Fitness  **Outdoor**  OAA | **Indoor**  Gymnastics  **Outdoor**  Tag Rugby | **Indoor**  Dance  **Outdoor**  Dodgeball | **Indoor**  Gymnastics  **Outdoor**  Athletics | **Indoor**  Gymnastic Equipment  **Outdoor**  Cricket  **Swimming** |