



Dear Families,

We have had an exciting week filled with learning beyond the classroom! Our Year 2 pupils had a fantastic time visiting the Tower of London, while Year 4 explored the Science Museum, both trips designed to complement and embed their classroom learning.

On Monday, our children expressed themselves creatively as part of the launch of Mental Health Week, engaging in activities that promote well-being and self-awareness. We also celebrated Numbers Day with a variety of creative activities showcasing mathematical thinking and basic number skills.

Thursday was particularly special as we welcomed students from LSEC, a higher education college. Our pupils thoroughly enjoyed sharing their learning experiences and demonstrating how our Universal Design for Learning (UDL) approach supports them in achieving success.

Looking ahead to next week, Year 1 pupils will embark on an exciting bus trip linked to their current learning around *The Naughty Bus* text. Additionally, we are looking forward to Pride Time, and we hope you can join us to engage with your child's current learning journey.

Yours sincerely,

Mrs Ferla and the PWP Team



Upcoming Events

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10th</p> <p>Pride Time- Year 1 & Year 2 2:45pm- 3:15pm</p>	<p>11th</p> <p>Pride Time- Year 3 & Year 4 2:45pm- 3:15pm</p>	<p>12th</p> <p>Pride Time Year 5 & Year 6 2:45pm -3:15pm</p>	<p>13th Last Day of Term</p> <p>Pride Time Reception 9-9:30 Nursery 8:30-9/ 12:30-1pm</p>	

ELSIE



Elsie has been out and about all week- today she is snuggled up with her soft toys in this cold weather!

ATTENDANCE

Current Attendance- 93.3%

- | | |
|-----------------|-----------------------|
| Nursery AM- 70% | Nursery PM- 76.3% |
| Poplar- 93.2% | Lime- 91.7% |
| Bay- 92.8 % | H/Chestnut- 94.3% |
| Box- 96% | Bamboo- 93.1% |
| Ash- 92.1% | Cypress- 95.9% |
| Palm- 95.5% | Acacia- 94.8% |
| Holly- 94.6% | Myrtle- 97.2% |
| Eucalyptus- 90% | Willow - 97.7% |

Green=met the minimum attendance rate

TIPS FOR FAMILIES



- 1 Encourage journaling**
Just like the Riley encourage your older children and young people to express their emotions and thoughts through journaling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.
- 2 Make space for reflection**
When children and young people reflect on their different emotions, it can help them better understand themselves and what they need. Go for a walk, drive, or try some mindful colouring or baking together.
- 3 Be visual**
Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.
- 4 Practice mindfulness**
Try mindful activities and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.
- 5 Communicate**
Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.

If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives - from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)



SAFEGUARDING INFORMATION

UNDER 13



13+



16 +



17+



Here is a top tip poster for families about Children's



Congratulations!
We hope you enjoyed your well deserved Hot Chocolate!



WELL DONE!



We are...

Class	Peareswood Champion
Nursery AM/PM	Evelin/Daniel
Lime	Michael
Poplar	Ethan
H/Chestnut	Harry
Bay	Saidou
Bamboo	Jude
Box	Aurora
Cypress	John-Henry
Ash	Roman
Acacia	Jamie
Palm	Bentley
Holly	Amelia N
Myrtle	Chantelle
Willow	Anvita
Eucalyptus	Travis



Ready



Respectful



Safe

SCHOOL VALUES

The new focus value this term is Collaboration.

EYFS- Reception have been working together to make their own versions of 'The Enormous Turnip'. They have been choosing their own enormous items and making story maps to retell the story.

KS1- Year 2 have had a fantastic trip to the Tower of London this week, working together to keep each other safe as well as ask lots of exciting questions about the history of the castle.

KS2- Year 4 went on a trip to the Science Museum this week where they worked in groups to find different activities to take part in.



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Every Tuesday, 25th February - 25th March, 10.30am-12.30pm

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↓

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Teen Life Bexley - Support for parent/carers of children aged 10-16 with Autism

Teen Life is a six-session programme for parents/carers of children aged 10 to 16 years on the autism spectrum.

Developed by the National Autistic Society, the Teen Life programme aims to empower parents and supporting professionals to understand more about how autism is experienced by teenagers.

Teen Life Bexley - Enhanced Offer

Whilst Teen Life is a stand alone course for parent carers, in Bexley we are piloting an enhanced offer.

[Bexley Voice \(parent/carer forum\)](#) will be offering follow up sessions to parent carers on completion of the 6 week Teen Life Bexley course. Each group will be offered four monthly sessions at a time and location to best suit the group.

These facilitated sessions are designed to enable parent carers to:

- continue to meet up to share experiences, worries and progress about their young people.
- receive, support and signposting, from Bexley Voice, to other local and national services which may be helpful.

We hope the follow up sessions will help parent carers to remember and strengthen what has been covered on the course and enable them to continue to support each other and connect with other parent carer support groups locally.

If you would like to take part in a course, email an expression of interest to hannah.kersey@bexley.gov.uk or visit www.bexleynas.co.uk/teen-life-bexley and complete the online form.

If you have any questions about the Teen Life course, please email tracy.mcdonald@bexley.gov.uk



Teen Life

Teen Life is a six-session programme for parents/carers of young people aged 10 to 16 years on the autism spectrum.

Developed by the National Autistic Society, the Teen Life programme aims to empower parents and supporting professionals to understand more about how autism is experienced by teenagers.

Topics covered include:

- understanding autism in teenagers
- self-esteem and spending time with other people
- stress and anxiety
- understanding your diagnosis and special interests
- puberty and independence
- education and planning for the future.

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